

**WELCOME/INTRODUCTIONS/OVERVIEW/  
WARM-UP**

**Purpose:** To have participants become familiar with each other.  
To introduce the trainers and what will happen in the workshop.

**Materials:** “Someone Who” handout, agenda on newsprint

**Time:** 40 minutes

**Procedure:**

Begin by welcoming everyone to the workshop. Explain that this workshop was designed by youth to be presented by youth to youth participants. “This is an opportunity to begin to think about the issue of youth and adults as partners.” The trainers should introduce themselves by stating their name, title, feelings on the topic and why he/she wants to lead this workshop.

Show the participants the proposed agenda and review what will occur over the next two hours.

**Agenda:**

Welcome/Overview/Introductions/Warm-Up

Examining Youth-Adult Relationships

Benefits and Challenges

Why Should We Bother?

Visioning/Evaluation

Ask the participants if there are any questions about the agenda. If there are not, explain that now participants are going to get a chance to know each other a little better. Begin handing out the “Find Someone Who” sheet of questions and let participants know that they will have five

**Leader’s Notes**

Youth who worked on this design thought it was very important to create an environment that is youth-friendly, including music, colorful walls, and presenters who welcome participants as they walk into the workshop.

Have the agenda on newsprint and refer to the items as you explain what will happen.

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**Workshop: Youth**

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minutes to walk around the room and find someone in this group who matches each question. Have them sign their name in the space next to the question. This is your chance to get to know someone here. Have fun!

-or-

Just ask participants a few questions where they stand up.

“Stand up if you:

- come from \_\_\_\_\_ (geographic region)
- have blue eyes
- are wearing green underwear
- etc.”

**Discussion Questions:**

1. How difficult or easy was it to get signatures?
2. Is there any question that you couldn't find a person's name for?
3. What is one thing you learned about someone in the room?
4. Why do you think we would begin this workshop in this way?
5. How did this help us to become partners?
6. How would this work with youth and adults?

**Leader's Notes**

You can choose a different warm-up from the resources in this packet if you decide another one would be better.

**Find Someone Who**

\_\_\_\_\_

Has the same color of eyes as you.

\_\_\_\_\_

Was born in the same state as you.

\_\_\_\_\_

Lives in a house where no one smokes.

\_\_\_\_\_

Has the same astrological sign as you.

\_\_\_\_\_

Likes to sing in the shower.

\_\_\_\_\_

Has the same favorite dessert as you.

\_\_\_\_\_

Has lived outside the United States.

\_\_\_\_\_

Has 7 or more letters in their first name.

\_\_\_\_\_

Likes to exercise (what kind?).

\_\_\_\_\_

Watches less than 5 hours of TV per week..

\_\_\_\_\_

Can cross their eyes.

\_\_\_\_\_

Has been told in the last week that he/she is loved.

\_\_\_\_\_

Feels it is okay to cry.

\_\_\_\_\_

Walks to school.

\_\_\_\_\_

Has 6 or more people in their family.

\_\_\_\_\_

Is the youngest in the family.

\_\_\_\_\_

Surfs the web.

\_\_\_\_\_

Would like to write a book (about what?).

