

## CYD ACTIVITY

### OVERVIEW

This creative, participatory exercise highlights the philosophy of community youth development.

### OBJECTIVES

- To recognize what communities contribute to youth development and what youth contribute to community development
- To generate excitement for looking at all contributions

### TIME REQUIRED

Approximately 45 minutes

WHAT	TIME	HOW	MATERIALS
<b>Step 1: Looking at youth development</b>	15 min.	<p>Break group into small groups of 3 to 6 people with both youth and adults in each group.</p> <p>Say to the group, “With your group, draw a picture of a young person. If you like, you can have someone from the group lie on the paper and trace that person’s body.”</p> <p>“Using symbols or words, describe the things that young people need in their community (e.g., health care, recreation). Put these on the outside of the profile of the person. If you want, you can make these things correspond to the parts of the body.”</p>	<p>Markers</p> <p>Butcher paper</p>
<b>Step 2: Looking at what youth contribute to community</b>	10 min.	<p>Say to the group, “Although a community can provide a lot of things to a young person, this is only part of the picture. Often, though, it is the part of the picture that adults most concentrate on. Young people add and contribute many things to their community.</p> <p>“On the inside of the profile of the person, draw—using symbols or words—what young people bring or add to their community.”</p>	Same
<b>Step 3: Reflection on the two pieces</b>	15 min.	<p>Ask the following questions:</p> <ul style="list-style-type: none"> <li>■ Looking at the words and symbols, what jumps out at you?</li> <li>■ What was it like to do this activity?</li> <li>■ Did youth and adults think of the same or different things?</li> <li>■ Which was harder—putting the things on the outside or inside?</li> <li>■ What are some of the things that you talked about as your group worked?</li> </ul>	

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WHAT	TIME	HOW	MATERIALS
		<ul style="list-style-type: none"> <li>■ What do you think this might have to do with this project that we are about to start?</li> </ul> <p>Then say,                      “Look at your young person’s needs—how many of these are related to ‘problems’? What are the things that aren’t related to problems? In this project, we are using the philosophy of positive youth development. That means that we don’t focus just on the problems but on all the things that young people need. We are also using the philosophy of community youth development: That means that communities can contribute to the development of communities and that young people can contribute to the development of communities.”</p>	

## SAMPLE PRODUCT FROM CYD ACTIVITY

